

 **THE MESSENGER** 
Ascension Lutheran Church

“Belong, Believe and Become all that God Promises”

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August 2024

It is always a good time to appreciate things in life. This allows us to find joy in the present every moment.

Appreciating the little things, we cultivate a sense of gratitude for the blessings and joys that surround us.

Recently, Ascension Lutheran church celebrated the renovation of a new kitchen. Beautiful floor, clean cabinets, walls painted with a beautiful soft color. The renovation of the kitchen came at a good time for a deep clean as well. Members of Ascension came together, worked hard and made this possible. Everyone was proud of everyone who was there with ideas and working hard for a new kitchen.

Appreciating things is a way to remain positive and to recognize beauty within simple moments.

Do we need a big thing in life to celebrate? Though it may not feel that way, every day is remarkable and deserves to be treated as one. Celebrations provide an opportunity to show our gratitude and enjoy what we have instead of focusing on things that we do not have.

In appreciation, we should celebrate ourselves, as a child of God. Celebrate that life sometimes brings challenges, but with God, we see them as opportunities from Him to demonstrate His Grace to us.

In gratitude to our Lord for the celebration of a new kitchen, as well as everyone who was involved in the beautiful project, it was a great time to appreciate and celebrate. All of this by the grace of God.

Pastor Emilce Erato



June 23, 2024 Kitchen Reveal Celebration



The following need your prayers...

Chuck Albers, Ursula B., Stephanie Baio, Tina Bugalia, Bill Ciampa, Gray Collingwood, Jimmy E., Elsie, Brian and Dylan Gasperetti, Hunter George, Kathryn Graven, Virginia Heinsch, Angela Herber, Joe, Michael Kelly, Joanne Kempel, Cynthia Listort, Bill and Fran McGowan, Chuck Miata, Nicki, John Pisarri, Regina Sala, Schneider family, Moira Sheldon, Donna Slyman, Robert Smith, Court Stevenson, Peter Stevenson, Kevin Sullivan, Miriam Valder, Teri Ventimiglia, Deanna Ventura, Eleanore Wagner and James Wheeler.

August Schedule

Mondays

11-12 p.m. Brew Crew-AA

Tuesdays

11-12 p.m. Brew Crew-AA

6:45-8:30 p.m. Power Up-Tae Kwon Do

Wednesdays

8:30-10:30 a.m. Sunshine Yoga

11-12 p.m. New Life-AA

Road to Recovery 7:15-8:30 p.m.

Thursdays

6:45-8:30 p.m. Power Up-Tae Kwon Do

Fridays

11-12 p.m. New Life-AA

Saturdays

9-11:15 a.m. Road to Recovery-AA

Sundays

10:30 a.m. Worship Service



Stephanie Maddalone 8/5
Margaret Malloy 8/8
Lynn Colban 8/10
Kathy Voellm 8/12



Memorials

In remembrance of my sister, Peggy Ruhs. She is with the Lord now.

By Fran and Bill McGowan

A gift has been given in memory of Peggy Ruhs by Caren and Helmut Prill,

A gift has been given in memory of Peggy Ruhs by Sandy and Bob Skarda



Stephanie and Gustavo Zuniga 8/14
Joanne and Sanzio Vagnini 8/20

SUNSHINE YOGA



Sunshine Yoga LLC offers yoga classes by Teresa Schulman on Wednesday mornings from 8:30-10:30 a.m.

The class meets in the lower level of the Parish Hall until August 28th.
Fall classes are in the works.

If you are interested in attending a class, please contact Teresa at 718-552-5803 for particulars. She can also be reached at yogaismysunshine@gmail.com.

READERS' CORNER

In June, 7 of us journeyed to Alaska....visiting Fairbanks and Denali Park on the land portion and a 7-day cruise stopping in Skagway (where we took a helicopter to Mead Glacier), Juneau and Ketchikan. A trip of a lifetime! -C. Brosnan



Carole Brosnan



Carole and Jim





Due to the shortage of pastors in our conference, the deacons are often called upon to supply (to preside at the worship service) at churches who are unable to locate an ordained pastor to fill the dates. I try not to accept more than one request per month. While I am supplying elsewhere, Ascension is in need of someone from our congregation to read the lessons, prayers and assist during communion.

It is understandable that some are reluctant to volunteer to help out for various reasons. Most often I hear people say "I am uncomfortable reading in public". I too, was reluctant to read in public, but as they say "practice makes perfect" and it becomes easier and easier.

We have been relying on two of our members to fill in when I am unavailable due to supplying elsewhere or on vacation.

We are desperately in need of additional volunteers for coverage, and I am hoping each of you will give this some prayerful consideration.

Please reach out and I will share the dates which need to be filled in October, November and December.

Blessings
Deacon Carole



Giving Thanks For Summer

Father, Creator of all, thank You for summer!
Thank you for the warmth of the sun and the increased daylight.
Thank You for the beauty I see all around me
and for the opportunity to be outside and enjoy Your creation.
Thank You for the increased time I have to be with my friends and family, and for the more casual pace of the summer season.
Draw me closer to You this summer.
Teach me how I can pray no matter where I am or what I am doing.
Warm my soul with the awareness of Your presence
and light my path with Your Word and Counsel.
As I enjoy Your creation, create in me a pure heart and a hunger and a thirst for You.

- *Author Unknown*